

# Integrated health security in the Yautepec River Basin in Mexico

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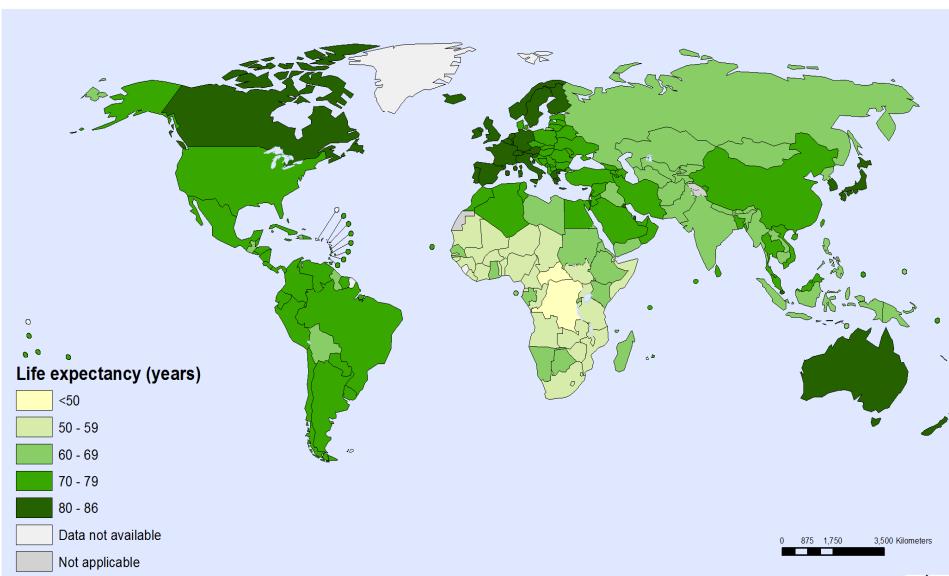
### 1. Research questions

How can poor people, especially vulnerable women, living in a highly risky water basin affected by climate change overcome both their social and environmental vulnerability and therefore defending their health security?

### **Definition of Health Security**

- WHO (2007) defined as the provision and maintenance of measures aimed at preserving and protecting the health of the population
- USA: bioterrorism: public health security is also defined as the policy areas in which national security and public health concerns overlap.
- Broader dimensions of cross-border health risks: **transmission of anti-microbial resistant organisms**, as well as health risks associated with **noncommunicable diseases**, **environmental degradation and conflicts**.
- *UNDP*: inadequate health care and diseases
- Ogata/Sen: spread of HIV/AIDS (33.4 million estimated)
- Globally: HS guarantees a minimal protection from diseases and unhealthy lifestyles (61% of deaths: 35 million with 49% of costs in 2005; estimation 2030: 70% of global costs).
- Low and middle-income countries: 80% of global chronic deaths occurs.
- *Poor countries* and among poor people: it includes **infectious and parasitic diseases** (17 million /year), **undernourishment** which kills daily 28,000/day mostly small children and unhealthy lifestyle.
- *Rich countries* diseases of the **circulatory system** kills 5.5 million/year, **diabetes mellitus** and **overweight** is affecting also transitory countries.

### Life expectancy at birth Both sexes, 2011



The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Data Source: World Health Organization
Map Production: Public Health Information
and Geographic Information Systems (GIS)
World Health Organization



#### Critic to health security concept of WHO

- •WHO uses global health security in a limited sense: several definitions used that are **inconsistent**, **incomplete** and **fail** to address public health and operational terms; they are **not related** to the **community health safety** or primary health care.
- •Political OECD countries emphasize protecting its people against **external threats** such as terrorism and pandemics, while health workers and politicians in poor countries understand health security more broadly as **public health**.
- •Different approaches to health security of WHO Member States: combined with fears for the national security agenda and an interference in internal affairs have caused some breakdown of cooperation, especially in the international health regulations (William Aldis, 2008). Some countries hesitate to share their data internationally as they fear that could be used against their interests.

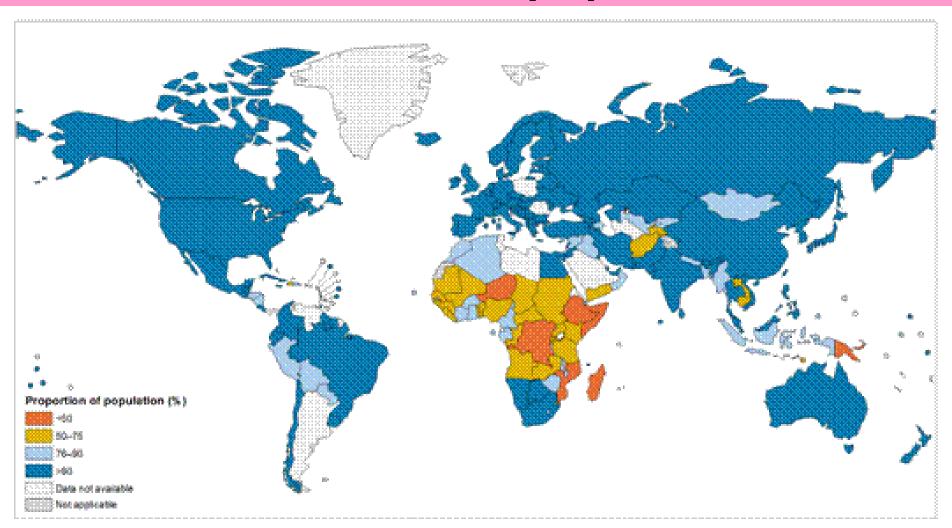
# Health security includes four pillars of human security (Brauch, 2005, 2009, Oswald 2011)

- 1. "Freedom from fear" which reduce the dangers of being killed by landmines, small arms and natural conditions that force people to migrate (UNESCO, HSN) Canadian Approach: Human Security Report
- 2. "Freedom from needs" which limits the social vulnerability through poverty reduction, respect for human rights and equality and equity policies (PNUD 1994, CHS 2003: Ogata / Sen: Human Security Now) Japanese Approach;
- 3. "Freedom from natural disasters", which reduced social vulnerability and the possibility of extreme natural events become social disasters (Bogardi / Brauch 2005; Brauch 2005a, 2005b; Oswald 2008, 2010, 2011, 2013); UNU (EHS) approach
- **4.** "Living with dignity" (Kofi Annan in his report: In Larger Freedom (March 2005), UN Approach: rule of law, human rights, equity, empowerment.

#### **Includes water security**

- Water is vital for the life and health of people and ecosystems
- One common goal: to provide water security in the 21st Century (Ministerial Declaration The Hague:
  - This means ensuring that freshwater, coastal and related ecosystems are protected and improved;
  - sustainable development and political stability are promoted;
  - every person has access to enough safe water at an affordable cost to lead a healthy and productive life
  - the vulnerable are protected from the risks of water-related hazard
- Water resources are under threat from pollution, overexploitation, land-use changes, unsustainable use, climate change and other anthropogenic forces.
- Links between threats and poverty: the poor who are hit first and hardest (slum dwellers without basic services).
- One simple conclusion: business as usual is not an option.

# Proposition of improved drinking water (%)



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#### **Gender perspective**

Masculinity and femininity

Roles, behavior norms, values, state, social representations, identity

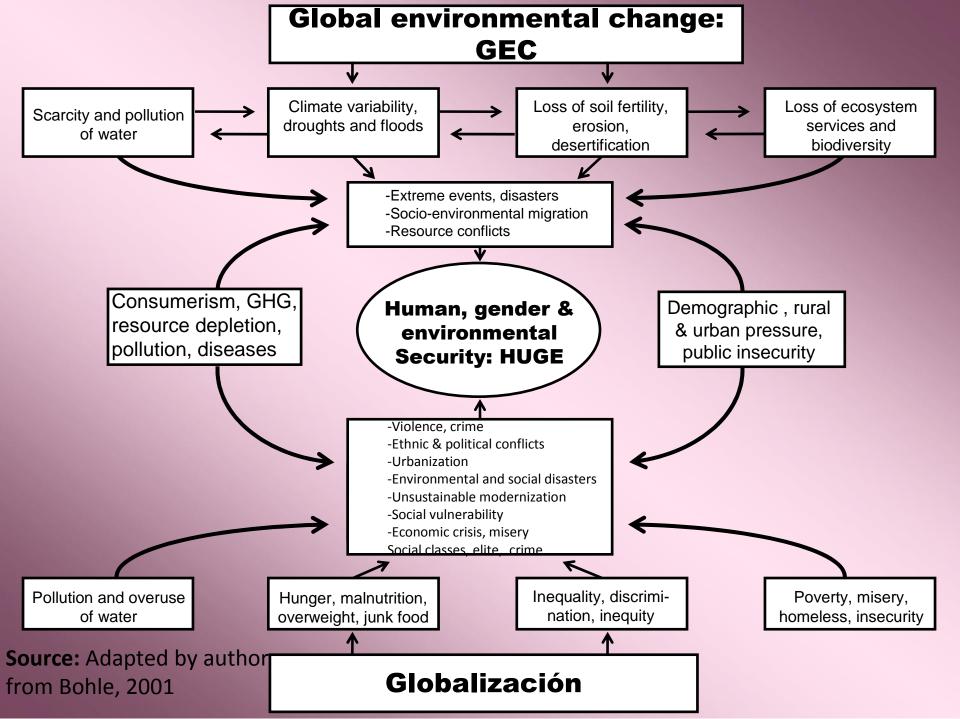
Responsibilities, necessities, expectation, social controls

Sexuality and sexual behavior

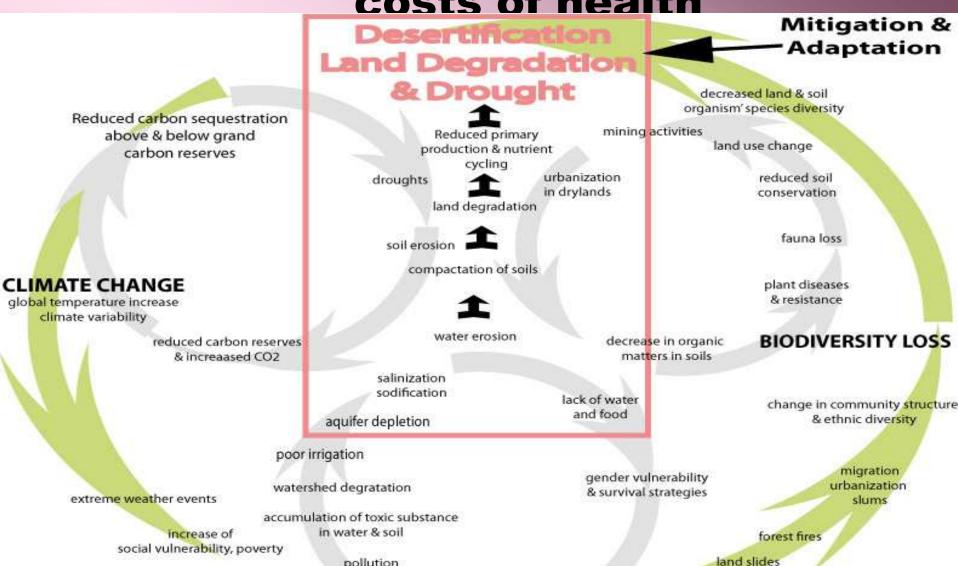
**GENDER** 

Division of labor, power, participation, responsibility and workload

Distribution of resources, benefits, profits and compensations



4. Threats to GEC, climate change and costs of health



hydro meteorological disasters

pollution

rainfall variability

WATER STRESS

sea level rise

#### **Environmental effects on health**

Ecosystem services (provisioning, regulating/ supporting, cultural)

**Environmental change** 

Stratospheric ozone depletion

Climate variability and charge (extreme climate events)

Land degradation

Land cover change (from agriculture, forestry, fisheries)

Freshwater (decline in quality and quantity, diversion)

Coastal zone degradation

Improved food availability, but also food shortages in places

Reduced water quality and availability in some regions

Increased incidence of vectorand water-borne diseases

Increase in air pollution in some localities

Increased soil erosion, sedimentation, landslides, floods

Loss of medicinal plants

Source: based on WHO 2003; MA, 2005

**Human well-being** 

Increased UV-B radiation exposure

Increased mortality due to heat waves, droughts, floods, storm surges

Decreased winter mortality in the northern hemisphere

Increased mortality and morbidity due to vector- and water-borne diseases, local air pollution, food and water shortages

Cultural loss due to habitat and species loss

Migration due to conflict and environmental degradation or extreme dimntic events

### Environmental changes and ecosystem impairment

#### Examples of health impacts

CLIMATE CHANGE STRATOSPHERIC OZONE DEPLETION FOREST CLEARANCE AND LAND COVER CHANGE Escalating LAND DEGRADATION AND DESERTIFICATION human WETLANDS LOSS AND DAMAGE pressure on global BIODIVERSITY LOSS: environment FRESHWATER DEPLETION AND CONTAMINATION URBANISATION AND ITS IMPACTS DAMAGE TO COASTAL FILEFS AND ECOSYSTEMS

#### 1 Direct health impacts

FLOODS, HEATWAVES, WATER SHORTAGE, LANDSLIDES
INCREASED EXPOSURE TO ULTRAVIOLET RADIATION,
EXPOSURE TO POLLUTANTS, TOXICS, WATER-BORN &
VECTORS ILLNESSES

#### 2 'Ecosystem-mediated' health impacts

ALTERED INFECTIOUS DISEASES RISK, REDUCED FOOD YIELDS (MALNUTRITION, STUNTING), DEPLETION OF NATURAL MEDICINES, MENTAL HEALTH (PERSONAL, COMMUNITY), IMPACTS OF AESTHETIC / CULTURAL IMPOVERISHMENT

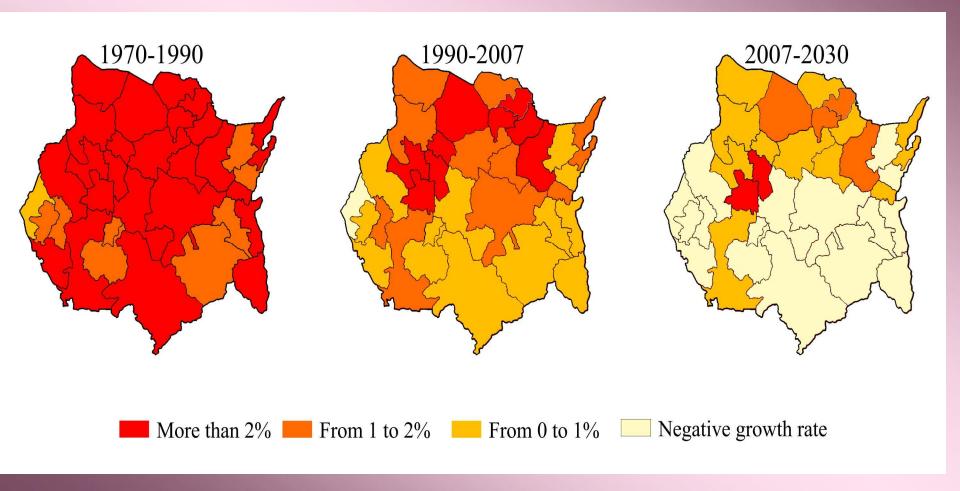
#### 3 Indirect, deferred, and displaced health impacts

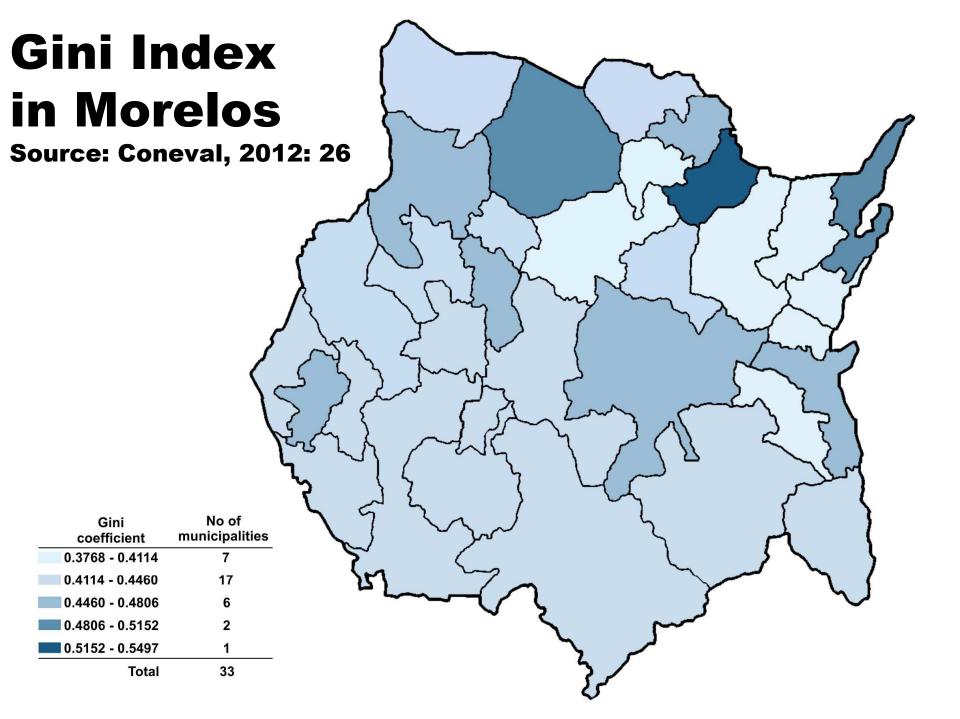
DIVERSE HEALTH CONSEQUENCES OF LIVELINGOD LOSS, ECONOMIC CRISIS POPULATION DISPLACEMENT (INCLUDING SLUM DWELLING), CONFLICT, INAPPROPRIATE ADAPTATION AND MITIGATION



# Rate of population growth with urbanization for different periods

Source: Partida, 2007: 17



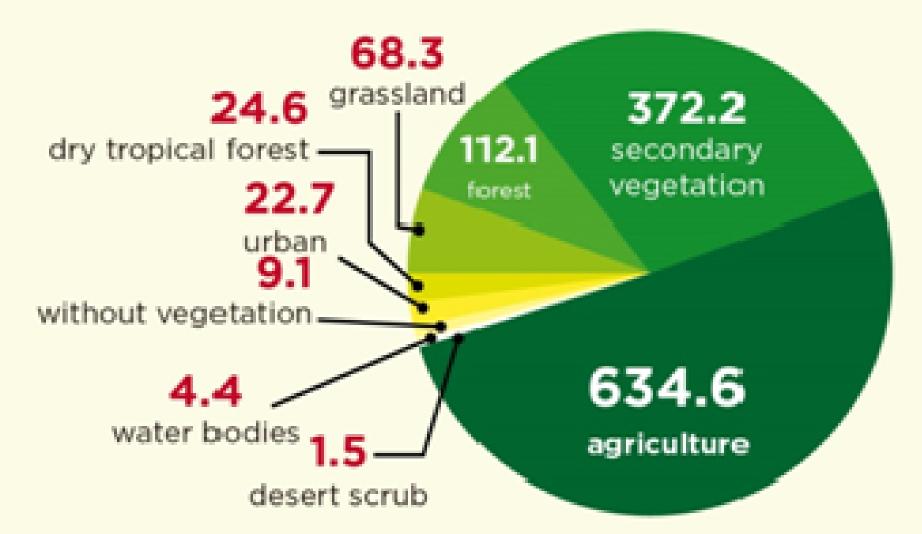


### Land use changes in Morelos

	1977	1994 (ha)	2000
Land use	(ha)		(ha)*
changes			
Agriculture	185,799	210,251	287,362
Forest	232,774	197,805	151,868
Livestock	67,044	71,552	197,000
Urban areas	7,690	15,380	18,563
Water bodies	793	834	1,085

Sources: Rueda 2006:161 and INEGI 2000.

#### **Land use**



Source: Inegi, 2012 and Survey, CRIM-UNAM, 2011-2012

#### **Evolution of water use in the basin**

Deca	Total	Irriga-	Consu-	<b>Total used</b>
des	available	tion	mption	
1980	2374	745.4	277.6	1023.0
1990	2374	790.0	391.3	1181.3
2000	2374	1416.5	472.1	1888.6
2010	2374	1568.0	495.2	2063.2

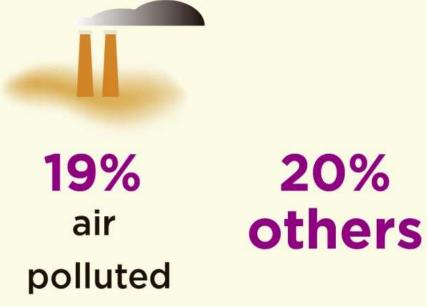
Source: Aguilar 1999 1980-1990 (millions of m<sup>3</sup>); 2000-210 the author based on INEGI

#### **Environmental problems in the River Yautepec Basin**

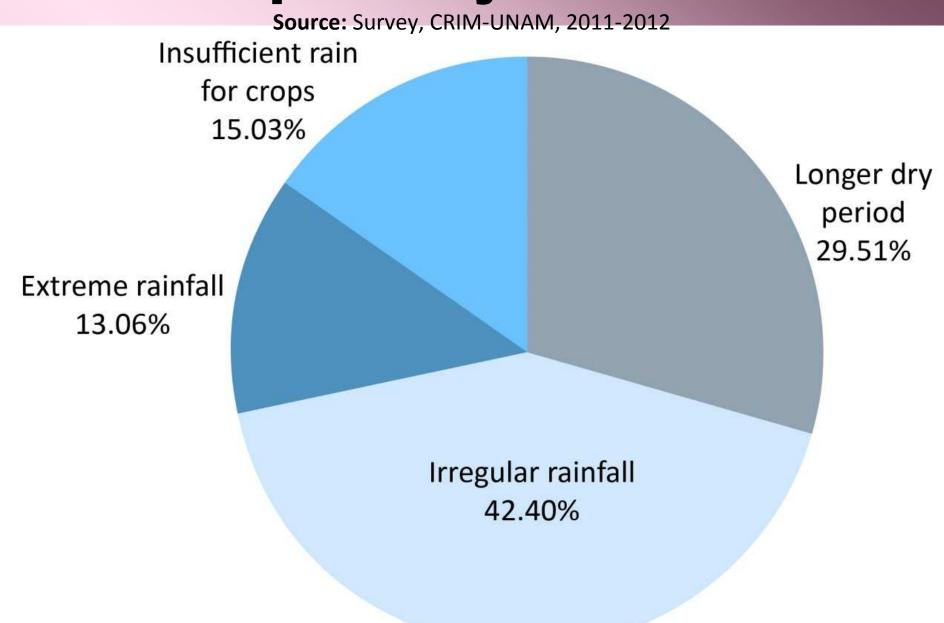
Source: Survey, CRIM-UNAM, 2011-2012





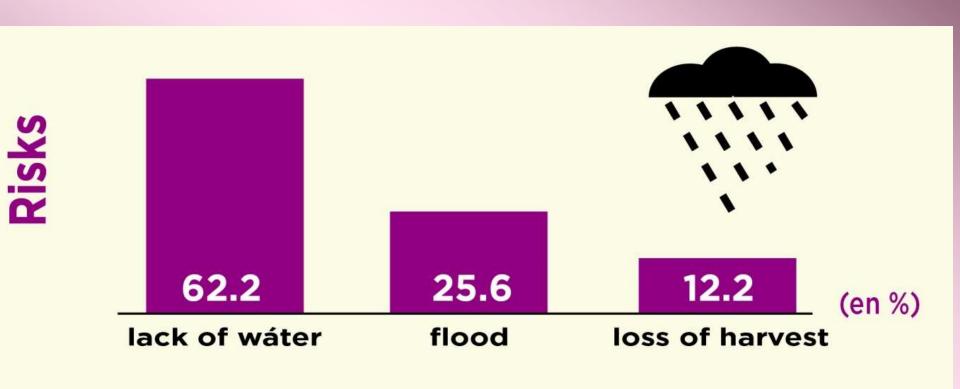


### Risks posed by GEC and CC



#### Most important risks for people in RYB

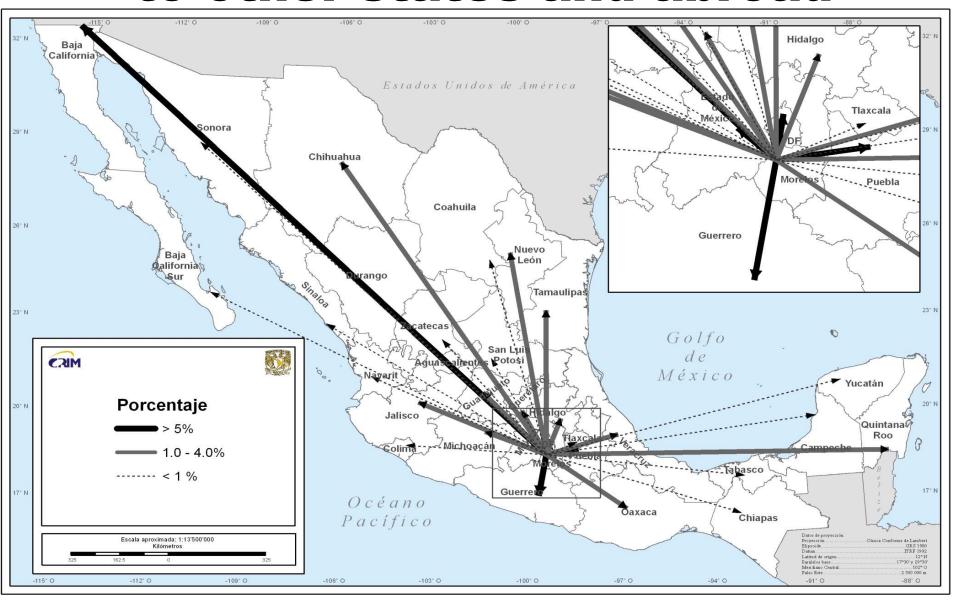
Source: Survey, CRIM-UNAM, 2011-2012



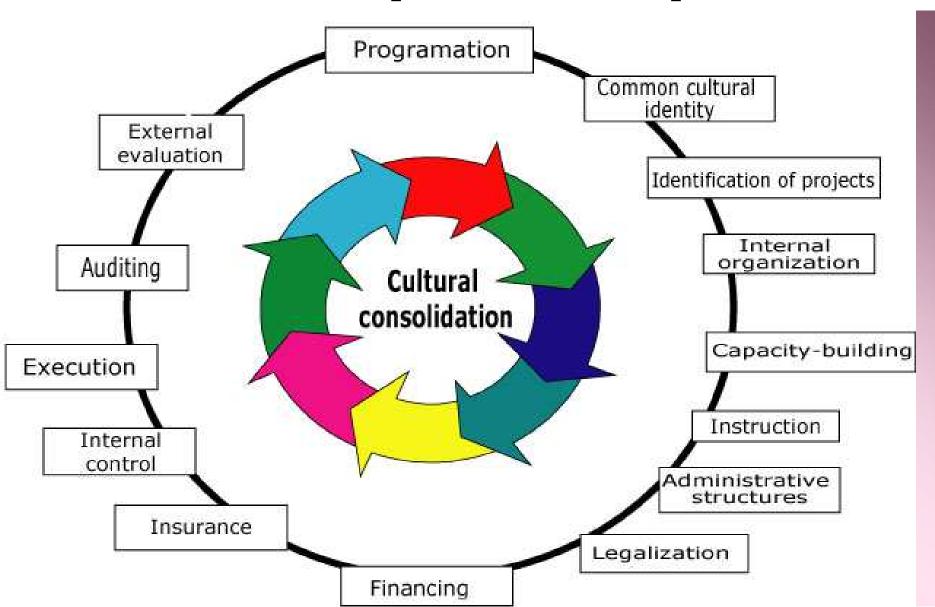
### 6. Adaptation and resilience building



# Flows of migration from Morelos to other states and abroad



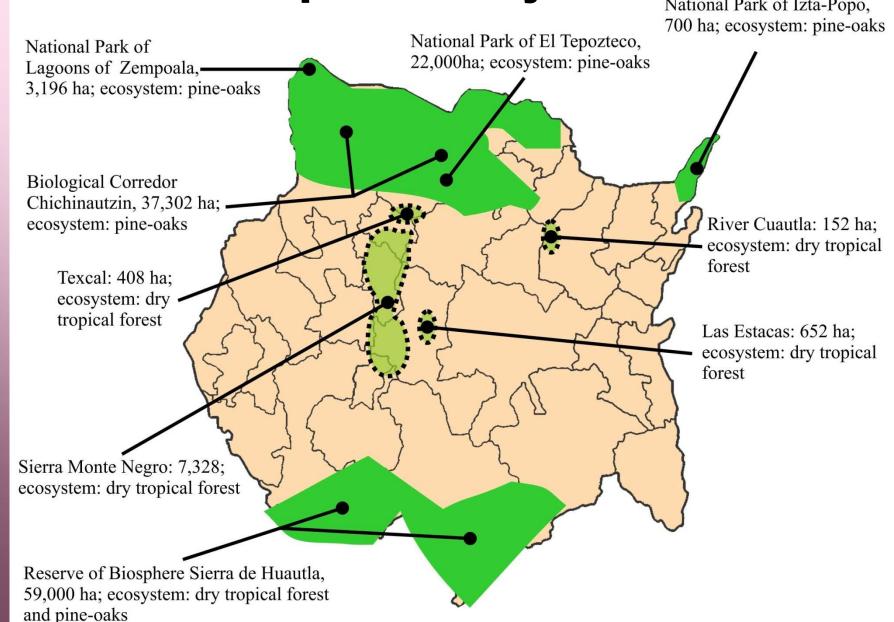
# 7. Model of self-reliant entrepreneurship

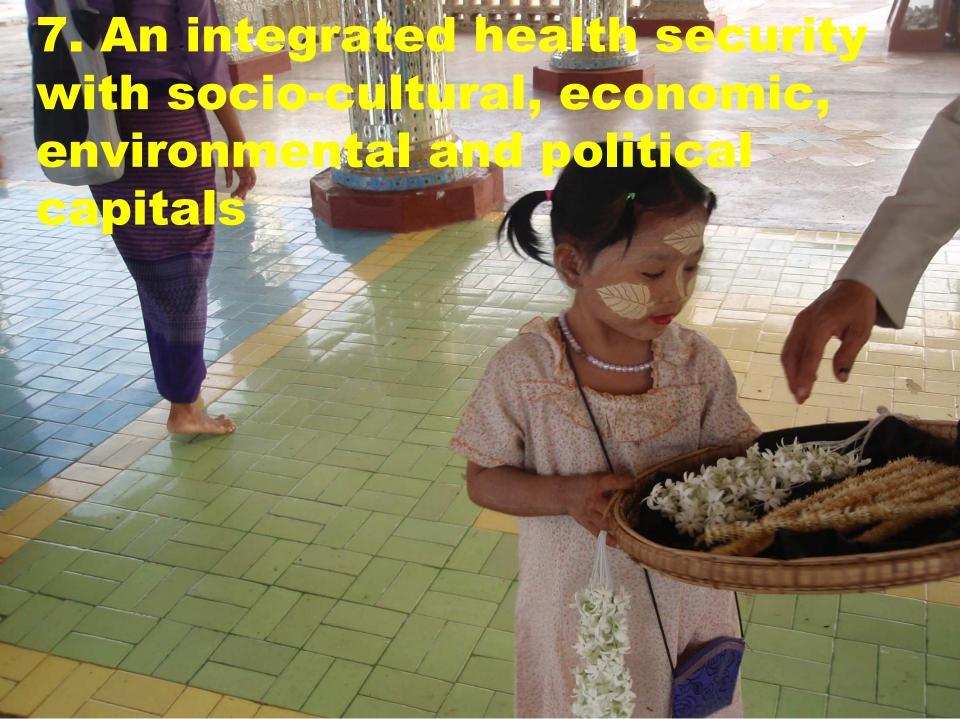


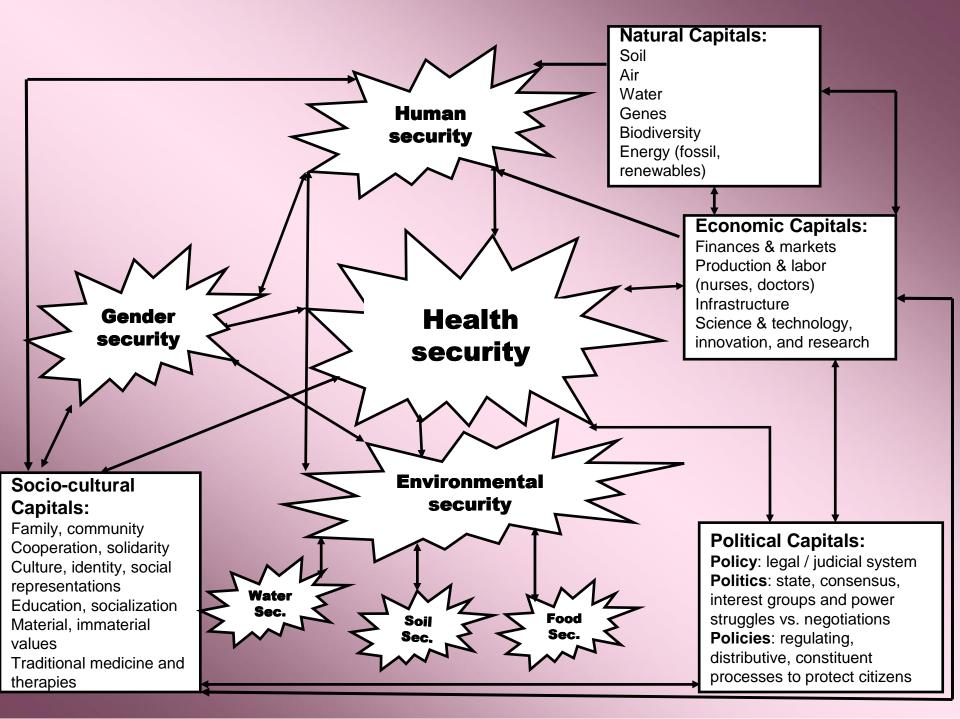
#### **Empowerment of women**

- 1. Women get better trained
- 2. Are no sold for marriage when 12 years old
- 3. Learn hygiene and childrearing
- 4. Have access to anticonceptive drugs
- 5. Get precarious health access
- 6. Income insufficient to survive
- 7. No money to pay electricity and water supply
- 8. Change to protestant churches
- Take antidepressive drugs to support the social and family pressure
- 10. Some get involved in local policy due to lack of men

# Natural protected areas: federal and state of Morelos to improve ecosystem services National Park of Izta-Popo,







## Integration of 3 epistemic communities: DRR, CC & development with a gender perspective

